

FEAR

JOY

LOVE

SORROW

COURAGE

HATRED

ANGER

ANXIETY






WE CAN'T IGNORE OUR HEARTS

**Create in me a clean heart, O God,
and renew a right spirit within me.
(Psalms 51:10)**



WE CAN'T TRUST OUR HEARTS



**SIN INTRODUCED A
WHOLE NEW SET OF
EMOTIONS THAT
NEVER HAD BEEN
FELT BEFORE**

Then the eyes of both of them were opened, and they knew that they were naked; and they sewed fig leaves together and made themselves loin coverings. They heard the sound of the Lord God walking in the garden in the cool of the day, and the man and his wife hid themselves from the presence of the Lord God among the trees of the garden. Then the Lord God called to the man, and said to him, “Where are you?” He said, “I heard the sound of You in the garden, **and I was afraid because I was naked; so I hid myself.”**

(Gen 3:7–10)

LOVE

ANGER

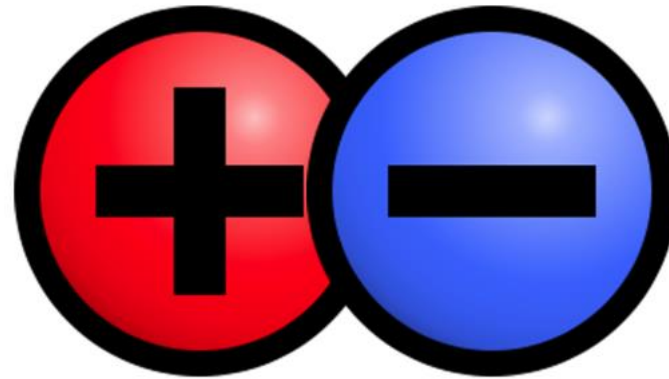
HOPE/DESIRE

FEAR/ANXIETY

JOY

SADNESS

COMPASSION



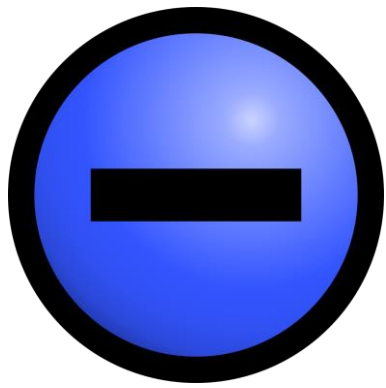
SHAME/HUMILIATION

PEACE

JEALOUSY

COURAGE

HATE



ANGER

Injustice (Jhn 2:14-17, Mk 3:1-5)

FEAR/ANXIETY

Danger (1 Jhn 4:17-18)

SADNESS

LOSS (Rev 21:4)

SHAME/HUMILIATION

Dishonor (1 Cor 6:5; 15:34)

JEALOUSY

Disloyalty (Ex 34:14, Jas 3:16)

HATE

Good & Evil (Heb 1:9, Jhn 17:14)



David
1 Sam. 17



Phinehas
Num. 25

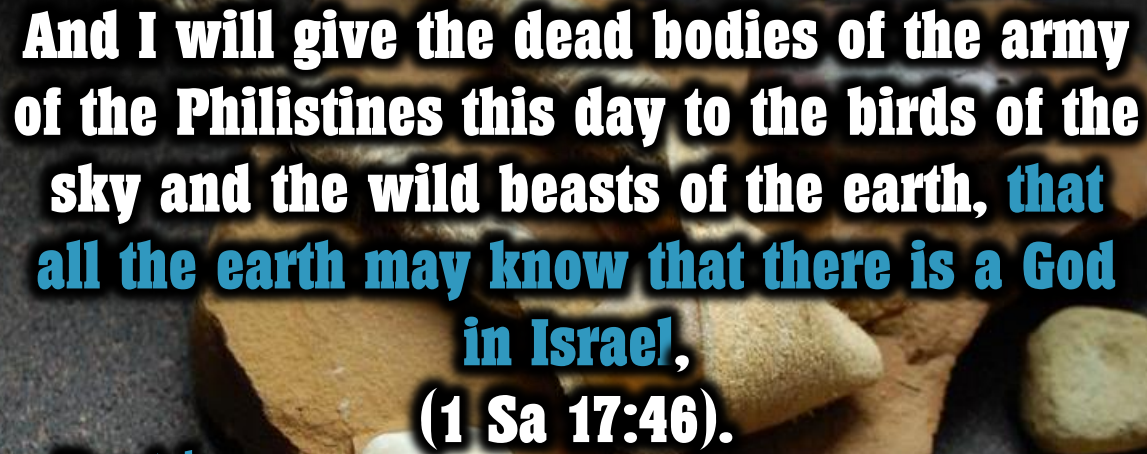
**A WORLD OF
INJUSTICE
REQUIRES ANGER
AT TIMES**



Jesus
John 2



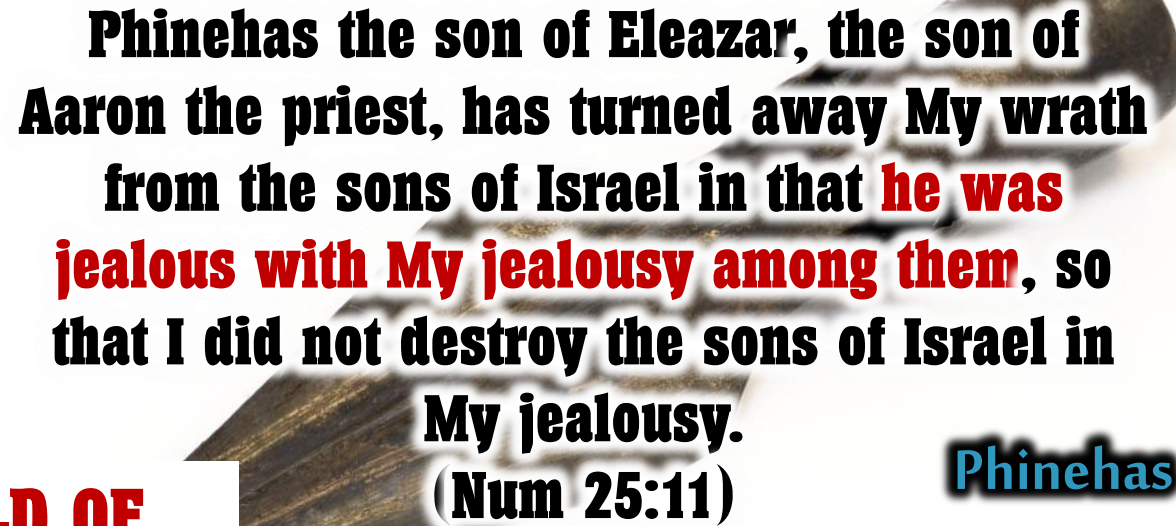
Samson
Judg. 15



And I will give the dead bodies of the army of the Philistines this day to the birds of the sky and the wild beasts of the earth, **that all the earth may know that there is a God in Israel,**
(1 Sa 17:46).

David
1 Sam. 17

**A WORLD OF
INJUSTICE
REQUIRES ANGER
AT TIMES**



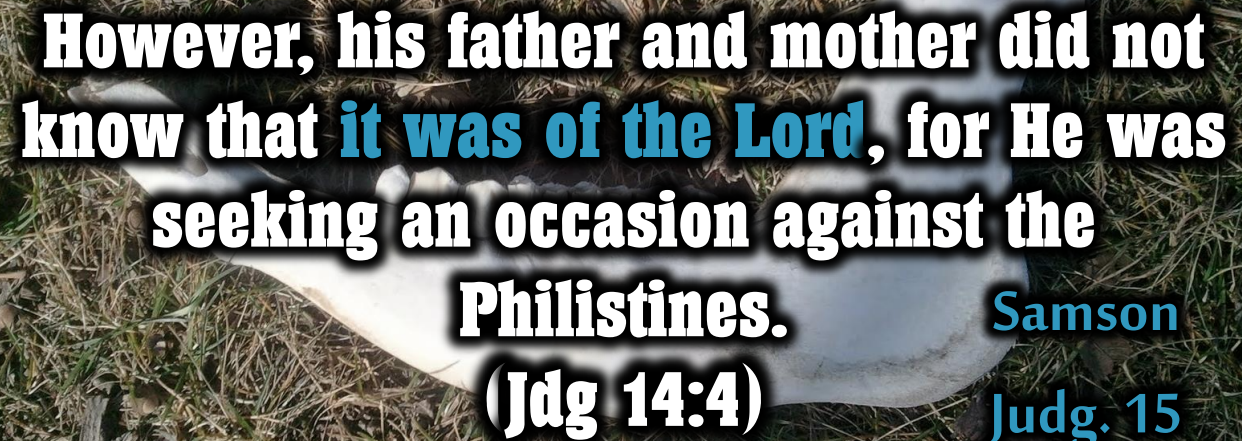
Phinehas the son of Eleazar, the son of Aaron the priest, has turned away My wrath from the sons of Israel in that **he was jealous with My jealousy among them**, so that I did not destroy the sons of Israel in My jealousy.
(Num 25:11)

Phinehas
Num. 25



His disciples remembered that it was written, “**Zeal for Your house will consume Me.**”
(Jn 2:17)

Jesus
John 2



However, his father and mother did not know that **it was of the Lord**, for He was seeking an occasion against the Philistines.
(Jdg 14:4)

Samson
Judg. 15

**This you know,
my beloved
brethren. But
everyone must
be quick to
hear, slow to
speak and slow
to anger; for
the anger of
man does not
achieve the
righteousness
of God.
(Jas 1:19–20)**

**Anger can be caused by true injustice OR it can be
caused by perceived injustice.**

**We should not be like Cain, who was of the evil one and murdered his brother.
And why did he murder him? Because his own deeds were evil and his brother's
righteous. (1 Jhn 3:12)**

**But he [the older brother] was angry and refused to go in. His father
came out and entreated him... (Lk 15:28)**

Anger can also lead to action that is sinful

**Be angry and do not sin; do not let the sun go down on your anger, and give no
opportunity to the devil. (Eph 4:26-27)**

**So Cain became very angry and his countenance fell. Then the Lord said to Cain,
“Why are you angry? And why has your countenance fallen? If you do well, will not
your countenance be lifted up? And if you do not do well, sin is crouching at the
door; and its desire is for you, but you must master it.” (Gen 4:5–7)**

SO WHAT ARE WE TO DO ABOUT ANGER?

1. LEARN TO SLOW IT AND RULE IT

- **He who is slow to anger is better than the mighty, and he who rules his spirit, than he who captures a city. (Pr 16:32)**

2. DISTINGUISH BETWEEN PERCEIVED INJUSTICE AND TRUE INJUSTICE

- **But he answered and said to one of them, ‘Friend, I am doing you no wrong; did you not agree with me for a denarius?’ (Matt 20:13)**

3. NEVER SEEK VENGEANCE

- **Never take your own revenge, beloved, but leave room for the wrath of God, for it is written, “Vengeance is Mine, I will repay,” says the Lord. (Rom 12:19)**

4. BE KIND AND CHOOSE FORGIVENESS

- **Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. Be kind to one another, tender-hearted, forgiving each other, just as God in Christ also has forgiven you. (Eph 4:31–32)**