

He must manage his own household well, with all dignity keeping his children submissive, (1 Tim 3:4)

And it is my prayer that your love may abound more and more, with knowledge and all discernment, (Php 1:9)

We ought always to give thanks to God for you, brothers, as is right, because your faith is growing abundantly, and the love of every one of you for one another is increasing. (2 Thess 1:3)

You prepare a table before me in the presence of my enemies; You anoint my head with oil; my cup overflows. (Ps 23:5)

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Wherefore we faint not; but though our outward man is decaying, yet our inward man is renewed day by day. For our light affliction, which is for the moment, works for us **more and more** exceedingly an eternal weight of glory;  
(2 Cor 4:16-17)

Nobody resolves to:

- Get fatter
- Pick up smoking
- Spend less time with family
- Get farther in debt
- Complain more
- Be less organized

**START!**  
THE IDEAL YOU

He must  
manage his  
own  
household  
well, with all  
dignity  
keeping his  
children  
submissive,  
(1 Tim 3:4)

Like arrows in the hand of a warrior are the children of one's youth.  
Blessed is the man who fills his quiver with them! He shall not be put  
to shame when he speaks with his enemies in the gate.

(Ps 127:4-5)

Let your fountain be blessed, and rejoice in the wife of your youth,  
(Prov 5:18)

Train up a child in  
the way he  
should go; even  
when he is old he  
will not depart  
from it.

(Pr 22:6)

Now as the church submits to  
Christ, so also wives should submit in  
everything to their  
husbands. Husbands, love your  
wives, as Christ loved the church  
and gave Himself up for her,

(Eph 5:25-26)

And it is my prayer  
that your love may  
abound more and  
more, **with knowledge  
and all discernment**,  
so that you may  
**approve what is  
excellent**, and so be  
pure and blameless  
for the day of Christ  
(Php 1:9-10)

Open my eyes, that I may behold **wondrous**  
things out of your law. (Ps 119:18)

All Scripture is breathed out by God and  
**profitable** for teaching, for reproof, for  
correction, and for training in righteousness,  
(2 Tim 3:16)

For the word of God is living and active,  
sharper than any two-edged sword, piercing  
to the division of soul and of spirit, of joints  
and of marrow, and discerning **the thoughts  
and intentions of the heart**. (Heb 4:12)

We ought always to  
give thanks to God  
for you, brothers,  
as is right, because  
**your faith is  
growing  
abundantly**, and the  
**love** of every one of  
you **for one another  
is increasing**.  
(2 Thess 1:3)

And **the second is like it**: You shall love  
your neighbor as yourself. (Matt 22:39)

For **the whole law is fulfilled in one word**: You  
shall love your neighbor as yourself. But if you  
bite and devour one another, watch out that  
you are not consumed by one another.  
(Gal 5:14-15)

So God created **man in His own image**, in the  
image of God He created him; male and female  
He created them. (Gen 1:27)

You prepare a  
table before  
me in the  
presence of  
my enemies;  
You anoint my  
head with oil;  
my cup  
overflows.  
(Ps 23:5)

Judge not, and you will not be judged; condemn not, and you will not be condemned; forgive, and you will be forgiven; give, and it will be given to you. Good measure, pressed down, shaken together, running over, will be put into your lap. For with the measure you use it will be measured back to you. (Lk 6:37-38)

“Bring the full tithes into the storehouse, that there may be food in My house. And thereby put Me to the test,” says the LORD of hosts, “if I will not open the windows of heaven for you and pour down for you a blessing until there is no more need.” (Mal 3:10)

But seek first the kingdom of God and His righteousness, and all these things will be added to you. (Matt 6:33)

Wherefore we faint not;  
but though **our outward  
man is decaying, yet our  
inward man is renewed  
day by day.** For our light  
affliction, which is for the  
moment, **works for us  
more and more  
exceedingly an eternal  
weight of glory;**  
(2 Cor 4:16-17)

**They** were stoned, they were sawn in two, they  
were killed with the sword. They went about in  
skins of sheep and goats, destitute, afflicted,  
mistreated— **of whom the world was not  
worthy**—wandering about in deserts and  
mountains, and in dens and caves of the  
earth. (Heb 11:37-38)

strengthening the souls of the disciples,  
encouraging them to continue in the faith, and  
saying that **through many tribulations** we must  
enter the kingdom of God. (Acts 14:22)

JANUARY

SUNDAY

MONDAY

New Year's Day

TUESDAY

WEDNESDAY

START!  
THE IDEAL YOU