



# Godly Sexuality

**PART THREE:** Freedom in Christ



“Wretched man that I am! Who will set me free from the body of this death?”

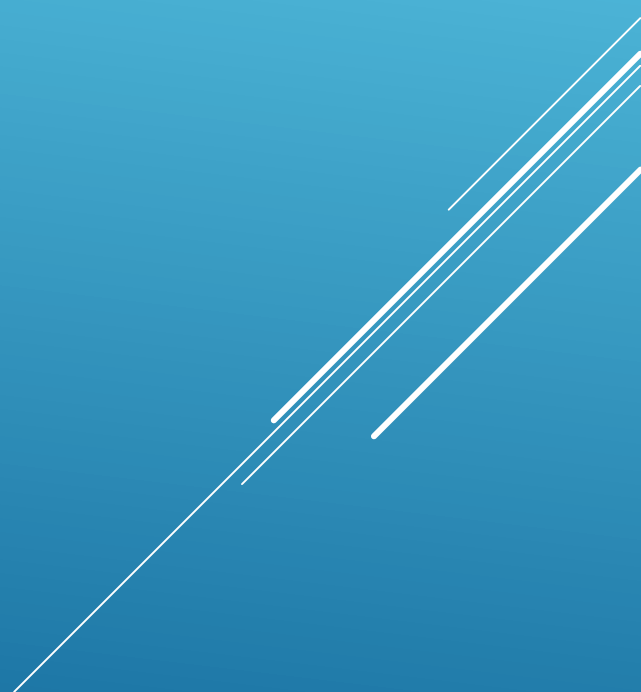
Thanks be to God through Jesus Christ our Lord!

Romans 7:24, 25

# Godly Sexuality

## FINDING FREEDOM IN CHRIST

Sexual purity comes through a process of transforming ourselves by the renewal of our minds with the word of God, followed by choosing to faithfully submit to His will in all things.





“I kept my virginity,  
but not my purity”

What constitutes sexual purity?



## COMPREHEND: God's standard for Purity

- i. Sexual purity is not merely abstinence (Matt. 5:28)
- ii. God's will – **your sanctification** (1 Thess. 4:3-5)
  - **Set apart** from the immorality of the world
  - A lifestyle – **abstain**
  - A **learned** discipline – *know how*

*For this is the will of God, your **sanctification**; that is, that you **abstain** from sexual immorality; 4 that each of you **know how** to possess his own vessel in sanctification and honor, 5 not in lustful passion, like the Gentiles who do not know God*





## COMPREHEND: God's standard for Purity

- i. Sexual purity is not merely abstinence
- ii. God's will – **your sanctification** (1 Thess. 4:3-5)
- iii. Purity Defined:
  - By the **intentions** of your heart
  - A living **choice** – 1 Timothy 5:2
  - The standard – Jesus (1 John 3:3)
  - A working definition:

*You are sexually pure when no sexual gratification comes from anyone or anything but your spouse.*



*You are sexually pure when no sexual gratification comes from anyone or anything but your spouse.*

- Pre-marital sex
- Adultery
- Porn
- Literature
- Movies
- Flirting
- Peeking

# GOD'S WILL ABOUT IMMORALITY

## I. FORNICATION/IMMORALITY DEFINED

**porneía** (the root of the English terms "**pornography**, pornographic"; cf. 4205/pórnos) which is derived from pernaō, "to sell off") – properly, a selling off (surrendering) of sexual purity; promiscuity of any (every) type

‘illicit sexual activity’



## GOD'S WILL ABOUT IMMORALITY

### 2. LET IT NOT EVEN BE NAMED – Ephesians 5:3

‘But immorality or any impurity or greed must not even be named among you, as is proper among saints.’

‘must not be even a hint of’

## GOD'S WILL ABOUT IMMORALITY

### 3. PUT IT TO DEATH – Colossians 3:5

'Therefore consider the members of your earthly body as dead to immorality, impurity, passion, evil desire, and greed, which amounts to idolatry.'

GK: nekroo – 'to put to death'



## GOD'S WILL ABOUT IMMORALITY

### 4. FLEE FOR YOUR SAFETY – 1 Corinthians 6:18

'Flee immorality. Every other sin that a man commits is outside the body, but the immoral man sins against his own body.'

'to put to flight, flee'



## SUCCESSFUL STEPS FOR A SERIOUS ISSUE

**Opportunity + Vulnerability = Offense**





**Acknowledgement:** Confession, breaking the  
three legged chair of porn

If we **confess** our sins, He is faithful and righteous  
to forgive us our sins and to cleanse us from  
all unrighteousness.  
1 John 1:9

**Anonymity no more!**

SUCCESSFUL STEPS FOR A SERIOUS ISSUE

PORN

Accessible

Affordable

Anonymous





**Abstinence:** No contact, whatsoever

"I have made a **covenant with my eyes**;  
How then could I gaze at a virgin?  
Job 31:1

**Remove Opportunity**

- Retrain the eyes
- Bouncing the eyes
- Putting up defenses

SUCCESSFUL STEPS FOR A SERIOUS ISSUE





- Internet monitoring software
- Cell phone blocking
- Counseling

**Accountability:** Enlisting the help of my brother/sister in Christ

Therefore, confess your sins to **one another**, and pray for one another so that you may be healed. The effective prayer of a righteous man can accomplish much.

James 5:16

SUCCESSFUL STEPS FOR A SERIOUS ISSUE



No temptation has overtaken you but such as is common to man; and God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will provide the way of escape also, so that you will be able to endure it.

1 Corinthians 10:13





*Don't*  
**GIVE  
UP**